

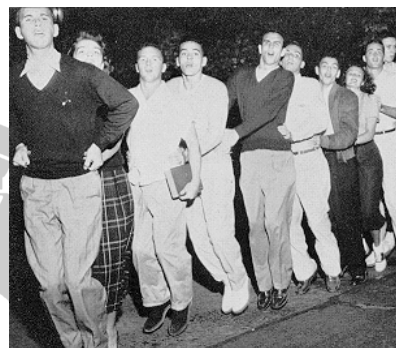


Edinburgh University Swing Dance Society notes on: The Bunny Hop



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The bunny hop is a very simple, very silly, 'conga' style dance that can be a good ice-breaker at parties. Lee & Seema Paterson taught it to us.



History:

The Bunny Hop was choreographed in 1952, at the Balboa High School in San Francisco; it has appeared since in the film 'Cry Baby'. Some scholars of dance have suggested that it is derived from a Finnish folk dance, the Jenka.

Music:

Usually the Ray Anthony Big Band "Bunny Hop"

Steps:

All line up in a conga, hands on the shoulders of the person in front (the front person has 'rabbit hands').

- 1 Tap R foot out to R (or, for more style, tap the heel and turn the foot out, on each tap out)
- 2 Tap R back in
- 3 Tap R foot out to R again
- 4 Bring R back in and step on it
- 5 Tap L foot out to L
- 6 Tap L back in
- 7 Tap L foot out to L
- 8 Bring L back in and step on it

- 1 Bunny hop (legs together) forwards
- 2 –
- 3 Bunny hop backwards
- 4 –
- 5 Bunny hop forwards
- 6 Bunny hop forwards again
- 7 Bunny hop forwards again
- 8 –

(and repeat)

Comments/ Corrections to jamie.davies@ed.ac.uk

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