



Edinburgh University Swing Dance  
Society notes on:



## Collegiate Shag: 5) Turn out to open hold

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This move takes you from the close hold to a facing, open hold.

### Turning out

- On 1-2, take your weight leftwards, which will give the lady some momentum to the leader's left
- On 3-4, let the lady go out past you to the left, under your arm and bring your weight back to centre on where you were. Lower your arm when she is through
- On 5-6, on the step step, turn to face each other with a relaxed L-R hold, rather like the spacing at 1-2 of a Lindy turn. Keep the loose feel.

### While out there

- Once there, you can keep doing the basic rhythm facing each other.
- You can also do all of the step variations listed in the second of these sheets (and any others you come up with!).
- You can also, of course, go into the variations to be explained in future lessons.

### Change of places

- Keep the rhythm going and use arm tension to lead a change of places.

### Coming back in

- The easiest way is just to use a combination of arm tension and lifting your arm, to bring the lady to you, and you going towards her, to regain the basic hold .
- Flashier is leading an inside turn (lady crosses your front from left to right and turns anticlockwise) and moving in to gather her up as the turn ends. Watch for elbows (the man needs to keep the left hand high).