



Edinburgh University Swing Dance Society notes on: **The Stroll**



(Lee & Seema version)

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“The stroll” is a simple unpartnered dance, common in the UK rock’n’roll scene and brought to Edinburgh by Lee & Seema Peterson. Confusingly, it is **NOT** “The Stroll” that became famous through the USA following its 1957 appearance on the American Bandstand programme, but it is danced to the same music. That is explained in the companion sheet to this one.

Because each repeat lasts **22** beats, it moves across the music.

Music:

Usually “The Stroll” by Donnie Elbert

Steps:

Start off standing on a ‘grid’ (ie several lines of people next to and behind each other)

- 1 Step out to left on L
- 2 Close R to L, stepping on R
- 3 Step out to left on L
- 4 Close R to L, only tapping
- 5 Step R on R
- 6 Close L to R, stepping on it
- 7 Step R on R
- 8 Close L to R, only tapping

- 1 Step fwd on L

2 –

- 3 Step back on R

4 –

- 5 walk fwd on L

- 6 walk fwd on R

- 7 walk fwd on L (if you like, you can do a complete a/c turn while doing these 3 walks)

- 8 Kick R out, turning your body 90 deg to the left (a/c)

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contd...

- 1 step on R (still facing your new wall)

2-

- 3 rock your weight on to your L foot

4 –

- 5 rock your weight on to your R foot

6 –

- 7 Start again NOW (yes, **on beat 7**, not waiting for the 1: this creates a 2-beat shift).

Comments/ Corrections to jamie.davies@ed.ac.uk

Latest version can be found on <http://www.swingdoctors.org.uk>