



Edinburgh University Swing Dance
Society notes on:
The Worcester Walk



Please see <http://www.swingdoctors.org.uk> for updates.

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The Worcester Walk is a stroll brought to Edinburgh by Matt and Sarah, who teach 'Jazzjive' and Lindy Hop down in Worcester, and who sometimes teach masterclasses at ESDS. Being choreographed to an example of early rock'n'roll music – *The Walk* by Jimmy McCracklin – the Worcester Walk is not strictly a swing dance, but it is easy, fun and does not feel too out-of-place at swing dance events.

Being rock'n'roll, the music has a structure that mixes an 8-bar 'chorus' with 12-bar 'verses'.

The overall structure is:

- 8 bar chorus: fall of the log (1x8bts), kick-down-rock-step (2x8bts); cross-turn (8bts).
- 12 bar verse: do the walk (6 x 8bts)
- 8 bar chorus: as above
- 12 bar verse: Rock-step-kick-down-Suzy Q (6 x 8bts)
- 8 bar 'middle 8' theme: long legged Charleston to turn.
- 8 bar chorus, as before
- 12 bar verse: bda, bda, pivot turn (6 x 8bts)
- 8 bar chorus: fall of the log (1x8bts), rock-step-kick-downs (2x8bts); cross-turn (8bts).
- 12 bar verse: do the walk (6 x 8bts)... exiting.

Here are the details:

- FOTL starting on 1
- Modif FOTL (kick R cross rock step, kick L cross rock step)
- Modif FOTL (kick R cross rock step, kick L cross rock step)
- Slow turn

- Walk to right (open R, together, open R, together, open bring leg forward slowly – hold – clap on 8)
- Walk to left
- Walk to right
- Walk to left
- Walk to right
- Walk to left

- FOTL starting on 1
- Modif FOTL (kick R cross rock step, kick L cross rock step)
- Modif FOTL (kick R cross rock step, kick L cross rock step)
- Slow turn

- Rock step kick down kick- suzy Q turn 90 deg left, step R)
- Rock step kick down kick- suzy Q turn 90 deg left, step R)
- Rock step kick down kick- suzy Q turn 90 deg left, step R)

- Rock step kick down kick- suzy Q turn 90 deg left, step R)
- Rock step kick down kick- suzy Q, step R
- Rock step kick down kick- suzy Q, step R

PTO



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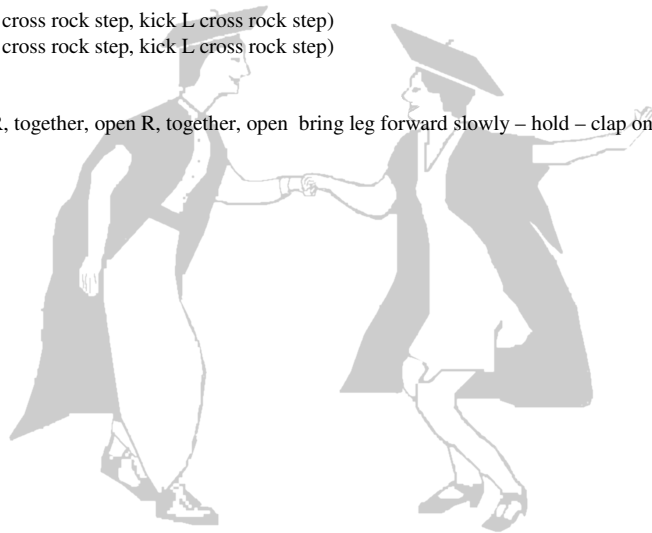
- Rock step (l) cross L, cross R, cross L
- Long legged Charleston RturnR, LturnL
- Long legged Charleston RturnR, LturnL
- Turn – bda bda at end.

- FOTL starting on 1
- Modif FOTL (kick R cross rock step, kick L cross rock step)
- Modif FOTL (kick R cross rock step, kick L cross rock step)
- Slow turn

- Bda Bda slow walk
- Bda Bda slow walk
- Bda Bda slow walk
- Bda Bda slow walk
- Bda Bda slow walk
- Bda Bda slow walk

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- Modif FOTL (kick R cross rock step, kick L cross rock step)
- Slow turn

- Walk to right (open R, together, open R, together, open bring leg forward slowly – hold – clap on 8)
- Walk to left
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